

*Since 1983,* the Oklahoma Health Professionals Program (OHPP) has provided services to over 1,000 physicians and health care providers with alcohol and chemical dependence. OHPP is an outreach program designed to support and monitor medical and allied health professionals throughout Oklahoma who are experiencing difficulty with substance abuse.

The OHPP continues to be a leader nationally in identifying problems, assisting in treatment, and returning to practice health care professionals who have suffered from substance abuse or dependency.

OHPP services are confidential and include expert consultation and intervention designed to encourage health care professionals to seek help for substance abuse and behavioral concerns.

When an individual contacts the OHPP about a health care professional or about himself or herself, the director or designated associate director assesses the situation and assists in guiding the health care professional.

Participation with OHPP is voluntary and confidential. OHPP will strongly urge a professional who is ill to get help, and although OHPP does not provide direct treatment, we will suggest specific treatment options. We respond to the concerns of families, colleagues, and hospitals by providing coordinated interventions and referrals to treatment.

In addition, OHPP hosts a number of support group meetings open to all health care professionals, students, residents in recovery as well as those seeking peer support.

OHPP recognizes the difficulty of reporting a colleague who may be impaired. Because of the potential risk to patient care, OHPP encourages medical professionals to make referrals if a problem exists, no matter how long there has been a problem.

> Direct Line: (405) 601-2536 Confidential Fax: (405) 605-0394 Robert Westcott, MD - Director